



Enneagram Retreat

Defense Mechanisms: All Nine Types

January 18, 2020

10:00am-4:00pm

Grace Covenant Presbyterian Church

789 Merrimon Avenue, Asheville

Cost: \$100 *Scholarships available*

Bring a bag lunch; cost includes hearty snacks & hand-outs

RSVP by January 15th: cmhovis@gmail.com



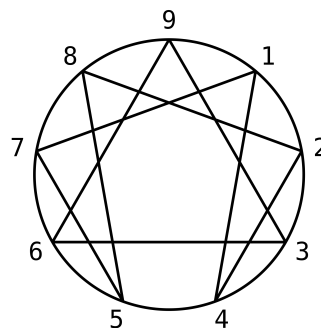
Rev. Carol Hovis

Enneagram Teacher
Spiritual Director
Presbyterian Minister

cmhovis@gmail.com

www.carolhovis.com

Scholarships available



The Enneagram is a powerful map to look at 9 distinct personality strategies of how we humans cope in relationships, work & the world.

Defense Mechanism represents the glue that holds each of the 9 personality types in place. They maintain the status quo of the personality & identity through unconscious protective patterns which keep us from our genuine virtue & essential quality.